EUREGENAS project

Summary

Title	European Regions Enforcing Actions against Suicide
Acronym	EUREGENAS
Program	Public Health Program 2008 – 2013
Priority Area	Promote health - Promote healthier ways of life and reduce major diseases and injuries
Action	Mental Health (MH)
Sub-Action	Regional/local networks, implementation strategies for MH promotion, mental disorder and suicide prevention
Grant Agreement N°	2010 12 03
Time period	36 months
Starting date	**1st January 2012**
Ending date	**31st December 2014**
Main Partner	Azienda Ospedaliera Universitaria Integrata Verona (AOUI-VR)
Associated Partners	Vlaams Agentschap Zorg En Gezondheid (VAZG) – Belgium Region Vastra Gotaland (VGR) – Sweden Fundatia Romtens (ROMTENS) – Romania Knowsley Primary Care Trust (KPCT) – United Kingdom Terveyden Ja Hyvinvoinnin Laitos (THL) – Finland Universiteit Gent (UGENT) – Belgium Fondacion Intras (INTRAS) – Spain Servicio Andaluz de Salud (SAS) – Spain Mikkelin Ammattikorkeakoulu Oy (MAMK) – Finland Technische Universitaet Dresden (TUD) – Germany Regijski Zavod za Zdravztveno Varstvo Maribor (RPHI MB) – Slovenia Fundacion Publica Andaluza Progreso y Salud – Spain West Sweden (WS) - Belgium
Total Budget	€ 1.359.605,00
EU Contribution	€ 750.000,00 (55.16%)

Description

Background

Suicide is an indicator of population mental wellbeing and mental-health service effectiveness. It accounts for 2% of all years of life prematurely lost. Given the complexity and the context-specific aspects conducive to suicidal behaviour, preventative strategies should reach different risk groups via a multilevel and multifaceted approach.

General objective

Contributing to the prevention of suicidality (suicidal ideation, suicide attempts and suicide) in Europe through the development and implementation of strategies for suicide prevention at regional level that can be of use to the European Community as examples of good practice.

Specific objectives

- To identify and catalogue good practices of existing actions and strategies on suicide prevention
- To carry out a stakeholders' needs analysis
- To develop and disseminate guidelines and toolkits on suicide prevention and awareness raising strategies
- To develop the technical specifications for an integrated model for e-mental health care oriented at suicide prevention
- To improve knowledge and capabilities among local and regional professionals (i.e. psychologist, psychiatrists and GPs)

Work Packages Overview

WP1 – Coordination	General Management of the project: ■ Producing and sharing among partners the partner agreement ■ Creating project management templates and tools ■ Writing interim and financial reports including evaluation reports
WP2 – Dissemination	Draft and dissemination of documents and results of the project: ■ Drafting the communication and dissemination strategy ■ Launching the project website ■ Reviewing Euregenas deliverables at European Conference ■ Presenting Euregenas deliverables at the Final Conference
WP3 – Evaluation	Process and outcome evaluation of the project: ■ Producing an evaluation strategy, which will outline the procedures to be followed, the schedule of activities involved and the evaluation tools to be used in the internal and external evaluation process ■ Producing interim evaluation report and a final evaluation report ■ Planning an evaluation meeting
WP4 – On-line Library and Assessment of needs	**1.** The development of an online library To conduct a literature/good practices review in order to provide a comprehensive up to date overview of the current situation in the EU regarding suicide prevention, e.g. e-mental health, suicide prevention strategies, courses for GPs' and support groups for suicide survivors. All the materials collected will be posted on a user friendly online library. **2.** The assessment of needs of key stakeholders (research basis for WPs 5, 6, 7 and 8) To identify the needs of the key stakeholders: after the mapping of relevant stakeholders, questionnaires will be piloted and then distributed in each country.
WP5 – Development of an E-conceptual model	Provide all necessary information to be able to create an integrated support and intervention main frame for E-mental Health, directed at the prevention of suicide: ■ Developing quality criteria and ethical guidelines for ICT applications in suicide prevention ■ Analysing accessibility and usability of existing programs and ICT tools identified as relevant for the model ■ Launching tender for the construction of a blueprint ■ Presenting Tecnical Specification at final conference
WP6 – Development of Prevention Packages	Develop suicide prevention packages and awareness raising strategies for different targets (e.g. school, workplace, media) while focusing on different risk-groups (e.g. young people, middle aged working man, elderly etc...).

	Organize 3 Local Network Meetings with two aims: - to inform all the stakeholders about the various tools developed throughout the project in WP 4, WP 6, WP7 and WP8 and to gather feedback from them for the improvement of the developed materials and tools; - to create capacity within the networks so that the members can act as multipliers in the awareness-raising process.
WP7 – Development and piloting of Training Module	Develop a training package targeting GPs and pilot the training package in five selected regions/local areas. After the implementation of the training, an additional evaluation and review of the materials and methodology will be carried out by the Scientific Board and by relevant European Networks Members (E.g. Euregha).
WP8 – Development and piloting of evaluation tool for efficacy of support groups	Develop and pilot (in 5 selected Regions) a specific evaluation tool to support group facilitators in ensuring an on-going monitoring of the group processes. The piloting will be evaluated using both qualitative and quantitative assessment and the results of such assessment will be shared among the selected regions. Afterwards, the analysis of the piloting results will be used in order to review and finalise the Evaluation Tool. The final deliverable (Evaluation Tool for the Efficacy of Support Groups) will be disseminated at the final Euregenas conference targeting local, regional and national levels.